### What is perceptual constructivism? (15min.)

#### Positivism/Newtonian Paradigm

"culture"

as a *thing* 

Relativism/Einsteinian Paradigm

"culture" as being understood from its own rigid frame of reference

Constructivism/Quantum Paradigm

"culture" as being constructed and reconstructed by the observers in relation to others.

### Why do we need to be aware of paradigms?

- Many people often unconsciously mix different paradigms. That is called "paradigmatic confusion" (Bennett, 2013, p. 23)
- It's necessary to avoid paradigmatic confusion to have coherence between theory and practice in intercultural education and training.

# Positivism/Newtonian Paradigm(cf. Bennett, 2013, pp. 23-30)

• It's assumed that "there is an objective world that exists independently from our observation of it (Bennett, 2013, p. 26). When "culture" is described in positivism, "culture" tends to be seen as a *thing* (culture is *reified* and *essentialized.*) It's out there and is described in a **static**, objective manner. Leaner causality (cause and effect) is assumed for **prediction** and control of events(ibid., p. 23)

In intercultural communication, **people experience it in many different ways**, so it's **not** always true that an objective, universal understanding of a certain culture is useful, and often times we cannot predict and control an intercultural event as effectively as we hope to.

# Relativism/Einsteinian Paradigm (cf. Bennett, 2013, pp. 30-40)

- In humanities and social sciences, (cultural) relativism emerged as a paradigm **against ethnocentrism**.
- Relativists insist that we should **understand a different culture on its own terms.** "**It's not bad or good, it's just different.**"(Bennett, 2013, p. 38)

Relativism with its **clear static cultural boundaries** can cause **more divisions and conflicts**. e.g., not wearing a mask to breathe. →**It's difficult to have intercultural dialogue.** 

# Constructivism/Quantum Paradigm (cf. Bennett, 2013, pp. 41-50)

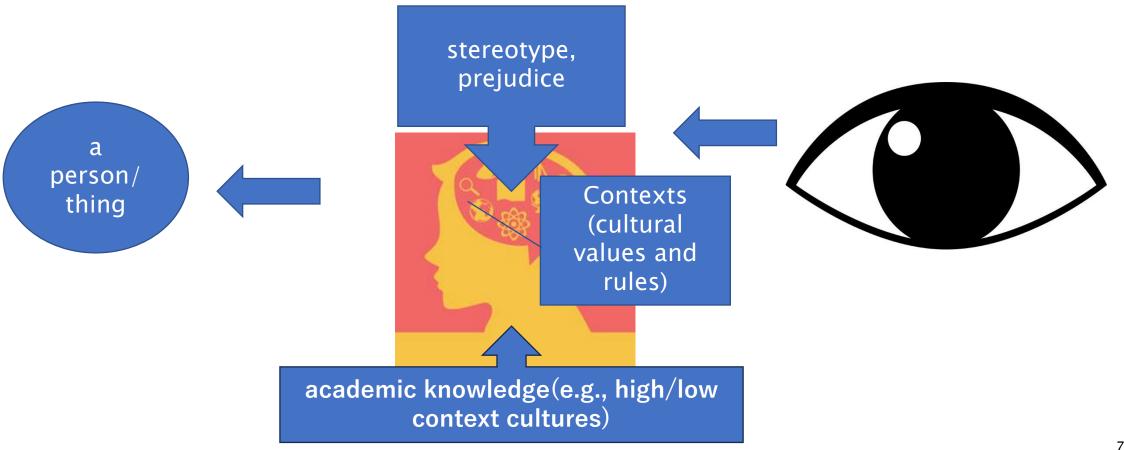
- "our perspective *constructs* the reality that we describe" (Bennett, 2013, p. 42)
- "The basic act of perception is to make a distinction" (ibid.)
- We (Our perspective) *construct (s)* boundaries. e.g., third culture kids.
- We are constantly in the process of constructing our realities in the here and now as we are interacting with culturally different others and things around us.
- In constructivism, we can "generate boundaries of self that include the experience of others" (Bennett, 2013, p. ) with empathy, transcending our own limited experience. →

A meta-cognition of "How we are constructing realities in the here and now?"

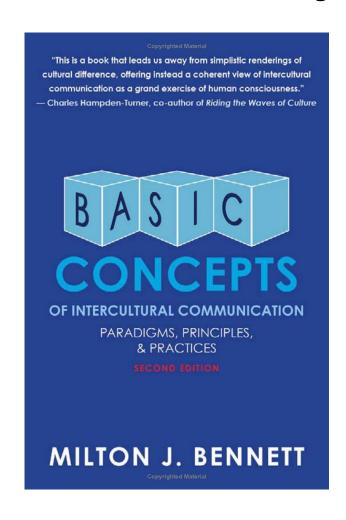
- Make a figure-ground distinction
- Construct boundaries
- Foreground and background certain categories
- Consciously use scholarly eticcategories like high/low context, high/low power distance

### The self-reflexive perspective that understands the "self" that understands a certain object

#### Self-reflexive meta-cognition



# Basic Concepts of Intercultural Communication:Paradigms, Principles, & Practice Milton J. Bennett, Ph.D.



### Similarity-based / Difference-based (Bennett, 2013, p. 5)

"By definition, members of different cultures experience different organizations of reality, and thus the use of one's self as a predictor of how others will respond to messages is unlikely to be successful. Approaches to communication in cross-cultural situations must guard against inappropriate assumptions of similarity and encourage the consideration of difference. For this reason, intercultural communication is difference-based."

# Similarity and Single-Reality (Bennett, 2013, p. 205)

"The strongest statement of the assumption of similarity holds that all human beings are basically the same. In this view, physiological, personality, and even cultural differences which might be observed are mainly superficial."

"Thus, the observer notes and imputes importance to human similarities while **ignoring or downgrading the importance of differences**."

Therefore, it's hard to respect others.

### Sympathy and Empathy (Bennett, 2013, pp. 210-230)

Regarding sympathy, Bennet mentions that "we are not the role of another person or imagining how the other person thinks or feels, but rather we are referencing how we ourselves might think or feel in similar circumstances" (p. 211)

On the other hand, "empathy concerns how we might imagine the thoughts and feelings of other people from their own perspectives" (p. 211).

Taken from the section entitled "Overcoming the Golden Rule: Sympathy and Empathy"

### Etic Categories as Observational Categories in Constructivism (Bennett, 2013, p. 9; pp. 54-58)

- Not stereotypes but **cultural generalizations** that show **the central tendency of a population**.
- "When cultural generalizations are applied to every single individual in a group, they become stereotype-rigid categories that are used to label people" (Bennett, 2013, p. 55).

"Stereotypes also represent paradigmatic confusion. Generalizations are **statements of probability distribution-the** "central tendency" of a population-that are generated from a constructivist paradigm(Bennett, 2013, p. 57)

### Etic categories in intercultural learning

"To acquire general intercultural competence, one needs to have learned some "etic," or culture-general, categories for recognizing and dealing with a wide range of cultural differences" (Bennett, 2013, p. 114)